



## Spring 2016- New Materials in the SSD Family & Community Resource Center

### Videos:

#### **Autism Spectrum Disorders: Screening and Referral. Thompson Center for Autism & Neurodevelopmental Disorders. (video)**

Focuses on screening for ASD and how to make referrals for children who may present with a concern for autism.

#### **Be Safe Teaching Edition: Movie & Companion Curriculum (video) (2013)**

Lessons, activities, games & materials to teach teens and adults with Autism Spectrum Disorder how to interact safely with the police. (DVD & CD-ROM) (60 minutes)

#### **Choices, Cookies & Kids: A Creative Approach to Discipline. Dr. Garry Landreth. (video) (1996)**

How To DVD with Dr. Landreth's humorous stories about his interactions with his children. Each story makes a powerful and lasting teaching point about how to use his method of choice giving to change children's behaviors and in the process DE-STRESSES PARENTING.

#### **Dining & Social Skills for Adults & Teens. (video) (2015)**

The instructional DVD covers all the basics of dining etiquette and table settings, from a casual breakfast to the most formal affair.

#### **Family Medical Emergencies: What to Do Until Help Arrives or if it Doesn't Come (video) (2010)**

Demonstrates first aid treatment techniques for a variety of medical emergencies, including household and other accidents, as well as natural disasters. In addition, the program provides accident prevention tips along with information about first aid kits. (40 minutes)

#### **Fun-To-Know First Aid for Kids. Dr. Nancy Rothenberg. (video) (2004)**

DVD to prepare parents and help them cope in cases of pediatric emergencies. (85 minutes)

#### **Journey into Dyslexia (video) (2011)**

An enlightening look at young people living with learning differences as well as adults who struggled in school, and then succeeded in life. (77 minutes)

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**Puberty: A Girl's Journey Through the Physical, Emotional and Social Changes. (video)**

Grades 4-6. Puberty education Part 1-Physical Changes/Part 2-Emotional and Social Changes. (25 minutes)

**Puberty: A Boy's Journey Through the Physical, Emotional and Social Changes (video)**

Grades 4-6. Puberty education Part 1-Physical Changes/Part 2-Emotional and Social Changes. (25 minutes)

**The Safe Side - Stranger Safety: Hot Tips To Keep Cool Kids Safe With People They Don't Know And Kinda Know (video) (2005)**

Ages 4 & Up. The Safe Side's "Safe Side Super-Chick" is a decidedly zany host who successfully combines slapstick humor with serious, practical safety tips for kids. (36 minutes)

**The Ultimate Video Guide for Kids: How to Stay Safe (video) (2007)**

In this video, your child will learn internet safety, how to deal with a bully, how to respond to stranger danger, saying no to drugs, how to stay safe when your child is home alone, bike safety and how to stay safe in the neighborhood and at school. (28 minutes)

**Books:**

**The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders. Sandra Rief. (2015)**

Comprehensive guide to ADHD/ADD, providing the answers parents, teachers, and other caregivers seek in a convenient list format.

**ADHD in HD: Brains Gone Wild. Johnathan Chesner. (2012)**

Teens. Collection of frank personal stories of failure and success, hilarious anecdotes, wild ideas, and point-blank advice that will resonate with teens and young adults.

**Armond Goes to a Party: A Book About Asperger's and Friendship. Nancy Carlson. (2014)**

Ages 5-9. Armond doesn't want to go to Felicia's birthday party. Parties are noisy, disorganized, and smelly—all things that are hard for a kid with Asperger's. Worst of all is socializing with other kids. But with the support of Felicia and her mom, good friends who know how to help him, he not only gets through the party, but also has fun. When his mom picks him up, Armond admits the party was not easy, but he feels good that he faced the challenge—and that he's a good friend.

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**Asperger's Teens: Understanding High School for Students on the Autism Spectrum. Blythe Grossberg. (2015)**

Teens. Provides high school students with Asperger's strategies that they can use to help themselves feel more comfortable in school, find friends and get along with peers, work productively with their teachers, and move toward greater independence.

**Be Confident in Who You Are: Middle School Confidential, Book 1. Annie Fox. (2008)**

Offers insider information on common middle school concerns and practical advice for being healthy, feeling good about who you are, and staying in control of your feelings and actions—even when the pressure is on.

**The Best Worst Brother. Stephanie Stuve-Bodeen. (2005)**

Ages 4-8. The endearing and realistic look at how a relationship evolves between a typically developing older sister and her younger brother with a developmental disability

**Crafting Connections: Contemporary Applied Behavior Analysis for Enriching the Social Lives of Persons with Autism Spectrum Disorder. Michell Taubman, Ron Leaf & John McEachin. (2011)**

Provides concrete information on developing social skills and instructs readers on how to assess competency, develop programs, and create social skills curricula.

**Dear Diana: Diana's Guide to Independent Living for Adolescents and Young Adults with Different Learning Styles and Special Needs. Diana Bilezikian. (2014)**

This practical resource is an outgrowth of a series of emails she sent to relatives and friends about her life and the skills she was learning. Backed by the president of Chapel Haven, Diana's original ideas have been expanded into a helpful collection of advice and support for how to live an independent and meaningful life.

**Don't Behave Like You Live in a Cave. Elizabeth Verdick. (2010)**

Ages 8-13. Full-color cartoons and humorous, kid-friendly text teach kids how to make smarter choices about how they behave at home and at school so they stay out of trouble, feel good about themselves and their choices, and get along better with family, friends, and teachers.

**Dude, That's Rude: Get Some Manners. Pamela Espeland & Elizabeth Verdick. (2007)**

Ages 8-13. Full-color cartoons and kid-friendly text teach the basics of polite behavior in all kinds of situations—at home, at school, in the bathroom, on the phone, at the mall, and more.

**Dyslexia 101: Truths, Myths and What Really Works. Marianne Sunderland. (2015)**

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Walks you through figuring out your child's reading struggles and give you the tools to help them to succeed.

**Early Start Denver Model for Young Children with Autism: Promoting Language, Learning and Engagement. Sally Rogers & Geraldine Dawson. (2010)**

Comprehensive, empirically tested intervention specifically designed for toddlers and preschoolers with autism spectrum disorder.

**The Educator's Handbook for Inclusive School Practices. Julie Causton & Chelsea Tracy-Bronson. (2015)**

Filled with ready-to-use teaching tips, insights from inclusive educators, and examples that relate directly to everyday classroom experiences, this book will help general and special educators collaborate effectively and build a great "toolbox" of strategies to support all learners within inclusive classrooms.

**Emmanuel's Dream: The True Story of Emmanuel Ofosu Yeboah. Laurie Ann Thompson & Sean Qualls. (2015)**

Ages 4-8. Born in Ghana, West Africa, with one deformed leg, he was dismissed by most people—but not by his mother, who taught him to reach for his dreams. As a boy, Emmanuel hopped to school more than two miles each way, learned to play soccer, left home at age thirteen to provide for his family, and, eventually, became a cyclist. He rode an astonishing four hundred miles across Ghana in 2001, spreading his powerful message: disability is not inability.

**Executive Skills and Reading Comprehension: A Guide for Educators. Kelly Cartwright. (2015)**

Review the research base for particular executive functions--such as planning, organization, cognitive flexibility, and impulse control--and present practical skills-building strategies for the classroom.

**Getting from Me to We: How to Help Young Children Fit In and Make Friends. Shonna Tuck. (2015)**

Helps parents understand the roots of these problems, which take hold at a very young age, and give their kids the foundational skills necessary to form connections and friendships

**The Growing Up Book for Boys: What Boys on the Autism Spectrum Need to Know. Davida Hartman. (2015)**

Ages 9-14. Explains the facts behind the growth spurts, body changes and mood swings of adolescence for boys on the autism spectrum.

**The Growing Up Guide for Girls: What Girls on the Autism Spectrum Need to Know. Davida Hartman. (2015)**

Ages 9-14. One-stop guide for young girls on the autism spectrum explaining all they need to know about puberty and adolescence.

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**Hello, My Name is Simon: A Reflection of Surviving Sibling Love. Samuel & Sean Crosier. (**

This book is about the special relationship that his brothers formed with Simon during his short life.

**How to Be Brainwise: The Proven Method for Making Smart Choices. Patricia Gorman Barry. (2006)**

Taking you behind the scenes of your mind's emotional mechanics, this book gives you the skills to stop, think, and make the right decisions-even in the worst possible situations.

**Hunter and His Amazing Remote Control. Lori Ann Copeland. (2015)**

Ages 4-8. In this full-color, illustrated storybook, Hunter teaches students how he learned to use his very special remote control to become more successful.

**I Am Not a Syndrome, My Name is Simon. Sheryl Crosier. (2012)**

The moving and gripping story of Simon Crosier as told by Trisomy mom Sheryl Crosier.

**I Can't Believe You Said That: My Story About Using My Social Filter...Or Not. Julia Cook. (2014)**

Ages 4 & Up. Offers help for children who say inappropriate things.

**It's Time for School: Building Quality ABA Educational Programs for Students with Autism Spectrum Disorders. Ronald Leaf, Mitchell Taubman & John McEachin. (2008)**

Provides a detailed framework for implementing Applied Behavior Analysis (ABA), the most widely used and thoroughly studied autism treatment, in classroom settings

**Keys to Inclusion, Graduation and Beyond: Starting Now to Shape the Future. Keith Jones. (video) (2014)**

Presentation by Keith Jones at the 2014 Peak Parent conference on inclusive education.

**My Transition Portfolio: Keys to Unlocking Self-Determination for Young Adults with Disabilities. Barb Blakeslee. (2015)**

Centered around intuitive prompts that have been proven to break down even the most difficult of communication barrier, this is a comprehensive companion guide specifically developed to unlock self-determination in young adults with disabilities.

**The Occupational Therapist's Handbook for Inclusive School Practices. Julie Causton & Chelsea Tracy-Bronson. (2013)**

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This guidebook is key to helping students develop new skills in key areas, from motor skills and mobility to academic achievement and friendships.

**The Organized Student: Teaching Children the Skills for Success in School and Beyond. Donna Goldberg. (2005)**

Contains hands-on strategies for teaching your disorganized child how to organize for success in middle school and high school, with special tips for kids with ADD/ADHD and learning disorders.

**Parenting OCD: Down to Earth Advice from One Parent to Another. Claire Sandrers. (2015)**

Covers what is involved in getting a diagnosis, what to expect in therapy, how to cope with panic attacks, how it might affect the rest of your family and how you might feel as a parent.

**The Picture Exchange Communication System Training Manual, Second Edition. Lori Frost & Andy Bondy. (2002)**

Provides comprehensive instruction in implementing the Picture Exchange Communication System.

**Raising the Shy Child: A Parent's Guide to Social Anxiety. Christine Fonseca. (2015)**

Uses a combination of real-world examples and stories from adults and children with social anxiety disorder to show parents and educators how to help children find a path through their fear and into social competence.

**The Reading Strategies Book: Your Everything Guide to Developing Skilled Readers. Jennifer Serravallo. (2015)**

Collection of 300 strategies to share with readers in support of thirteen goals-everything from fluency to literary analysis.

**The Science of Making Friends: Helping Socially Challenged Teens and Young Adults. Elizabeth Laugeson. (2013)**

This book offers parents a step-by-step guide to making and keeping friends for teens and young adults with social challenges such as those diagnosed with autism spectrum disorder, ADHD, bipolar, or other conditions.

**See You Later, Procrastinator: Get It Done. Pamela Espeland & Elizabeth Verdick (2008)**

Ages 8-13. Full-color cartoons and kid-friendly text teach kids how to get motivated, stay motivated, and get things done.

**Setting Limits with Your Strong-Willed Child. Robert MacKenzie. (2013)**

Offers the most up-to-date alternatives to punishment and permissiveness--moving beyond traditional methods that wear you down and get you nowhere, and zeroing in on what really works so parents can use their energy in more efficient and productive ways.

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**Sexuality, Disability, and the Law: Beyond the Last Frontier? Michale Perlin & Alison Lynch. (2016)**

Approaches issues of sexual autonomy and disability from multiple perspectives, including constitutional law, international human rights, therapeutic jurisprudence, history, cognitive psychology, dignity studies, and theories and findings on gender constructs and societal norms.

**The Short Bus: A Journey Beyond Normal. Jonathan Mooney. (2007)**

Labeled "dyslexic and profoundly learning disabled," Jonathan Mooney was a short-bus rider (a derogatory term used for kids in special education). To learn how others had moved beyond labels, he bought his own short bus and set out cross-country, looking for kids who had dreamed up magical, beautiful ways to overcome the obstacles that separated them from the so-called normal world.

**Siblings: You're Stuck with Each Other, So Stick Together. James Crist & Elizabeth Verdick. (2010)**

Ages 8-13. Full-color illustrations and humorous, kidfriendly text teach kids how to cope with problems of fairness, jealousy, conflict, tattling, privacy, and other things that can make having siblings so difficult.

**Sitting Still Like a Frog: Mindfulness Exercises for Kids. Eline Snel. (2013)**

Simple mindfulness practices to help your child (ages 5-12) deal with anxiety, improve concentration, and handle difficult emotions. Includes a 60 minute audio CD of guided exercises ready by Myla Kabat-Zinn.

**The Speech-Language Pathologist's Handbook for Inclusive School Practices. Julie Causton & Chelsea Tracy-Bronson. (2014)**

This guidebook is key to helping students with disabilities improve their communicative functioning so they can access the curriculum and fully participate in classroom routines and activities.

**Stool Withholding: What to do When Your Child Won't Poop. Sophis Ferguson. (2015)**

Inspired by the author's experience of this issue with her own son, this easy-to-understand guide gives detailed advice on every aspect of stool withholding including soiling (encopresis), toilet training, laxative medication and constipation.

**The Survival Guide for Making and Being Friends. James Crist. (2014)**

Ages 8-13. Practical advice covers everything from breaking the ice to developing friendships to overcoming problems.

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**Taming the Data Monster: Collecting and Analyzing Classroom Data to Improve Student Progress. Christine Reeve & Susan Kabot. (2016)**

This comprehensive resource presents easy-to-adapt data collection systems for a wide range of teaching situations, learner ages and skills levels.

**Teaching the Child on the Trauma Continuum. Betsy DeThierry. (2015)**

Shows how teachers, while not specialist mental health professionals, can provide skilled and effective help within school and the classroom to children and young people for them to recover from trauma.

**Thinking Differently: An Inspiring Guide for Parents of Children with Learning Disabilities. David Flink. (2014)**

A guide to help parents understand and accept learning disabilities in their children, offering tips and strategies for successfully advocating on their behalf and helping them become their own best advocates.

**Toilet Training and the Autism Spectrum (ASD): A Guide for Professionals. Eve Fleming & Lorraine MacAlister. (2016)**

This practical guide equips practitioners to support families and carers in developing effective toilet training programs and provide continued help with analyzing and addressing problems that occur.

**Treating Eating Problems of Children with Autism Spectrum Disorders and Developmental Disabilities. Keith William & Richard Fox. (2007)**

Presents behavioral interventions and approaches on solving a child's resistance to eating.

**Understanding Dyscalculia and Numeracy Difficulties: A Guide for Parents, Teachers and Other Professionals. Patricia Babbie & Jane Emerson. (2015)**

Looks at how adults can help identify each child's specific areas of difficulty and describes a multi-sensory approach that can be adapted for the needs of each student to help them better understand numbers and apply that understanding to solve problems.

**Understanding Girls with ADHD: How They Feel and Why They Do What They Do, Second Edition. Kathleen Nadeau, Ellen Littman & Patricia Quinn. (2015)**

Illuminates the complexity of ADHD in girls and women, both across the lifespan and across multiple domains of life (e.g., home, school, the workplace, close relationships).

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**Unemployed on the Autism Spectrum: How to Cope Productively with the Effects of Unemployment and Jobhunt with Confidence. Michael John Carley. (2016)**

Offering guidance on how you can cope with unemployment in a constructive and emotionally healthy manner, Michael John Carley writes with a crucial understanding of the isolation and negative emotions that unemployment can bring about if you have ASD.

**VB-MAPP: Verbal Behavior Milestones Assessment and Placement Program: A Language and Social Skills Assessment Program for Children with Autism or Other Developmental Disabilities. (Guide) Mark Sundberg. (2014)**

Provides educators and parents with an effective means of assessing the learning, language and social skills of children with autism or other intellectual disabilities.

**VB-MAPP: Verbal Behavior Milestones Assessment and Placement Program: A Language and Social Skills Assessment Program for Children with Autism or Other Developmental Disabilities. (Protocol) Mark Sundberg. (2008)**

Brings together the procedures and teaching methodology of ABA and Skinner's analysis of verbal behavior in an effort to provide a behaviorally based language assessment program for all children with language delays.

**When Gifted Kids Don't Have All the Answers. Judy Galbraith & Jim Delisle. (2015)**

Offers practical suggestions for addressing the social and emotional needs of gifted students.

**When I Was Little Like You. Jane Porett. (1999)**

Ages 4 & Up. The narrator tells children how to recognize sexual abuse and know what to do if it happens to them.

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